



THE NATIONAL CERTIFIED COUNSELOR

THE OFFICIAL NEWSLETTER OF THE NATIONAL BOARD FOR CERTIFIED COUNSELORS

2010 Professional Identity Awards Announced

On March 15, 2011, Dr. James Benshoff, NBCC Board Chair, announced the recipients of the 2010 NBCC Professional Identity Award. NBCC received 14 nominations for the coveted national award, and three outstanding programs rose to the top. This national award recognizes programs for exemplary work in counselor preparation, commitment to professional identity and



Faculty from Boise State University

faculty participation as National Certified Counselors (NCCs). Each program will be awarded a commemorative plaque and \$5,000 to aid in its continued efforts to educate professional counselors and promote professional identity.

This year's award recipients are the counselor education department of Boise State University, the school counseling department of Purdue University, and the department of counseling and human services at Old Dominion University.

NBCC created the award in 2009 to celebrate the programs and faculty preparing the world's future mental health and school counselors. NBCC sets rigorous standards for the counseling profession and wants to support programs and faculty that exceed those standards. The recipients of this award exemplify the highest training standards in the profession. All three of the university counselor education programs are accredited by the Council for Accreditation of Counseling & Related Educational Programs (CACREP).



Faculty from Old Dominion University

Each program plans to reinvest the award money into their department to ensure the continued success of the students and faculty. Faculty member Dr. Danica G. Hays of Old Dominion University reports, "We will use these (funds) to provide additional training opportunities to university and site supervisors, as well as to continue our



Purdue University's ON TRACK crew

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Two NBCC credentials—the NCC and the MAC—are accredited by the National Commission for Certifying Agencies.

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outreach and recruitment efforts.” The other two programs’ plans include items such as funding faculty and student research, participating in professional activities, traveling to professional conferences and supporting Chi Sigma Iota (CSI) chapters.

All of these programs encompass qualities that set them apart from the others. Dr. Diana Doumas of Boise State University says, “One unique feature of our program is our focus on student needs. Our mentorship of students goes well beyond their classroom activities. We are particularly committed to supporting student research and professional development activities. Our program also emphasizes personal growth, self-reflection and working with diverse populations, including refugee students and families.” Other examples of what makes the recipients unique include intense local community involvement, international counselor institutes, faculty leadership in national and state organizations, cross-disciplinary studies, theory-to-practice experiences, counseling the uninsured and political advocacy.

The long- and short-term goals of the programs were plentiful and varied. According to Dr. Jean Petersen of Purdue University, one of the program’s short-term goals is to “be involved in the new alternative high school with counseling services provided by school counseling students (not as internship or practicum) through ON TRACK and/or service-learning (program). In the gift-funded ON TRACK, a dozen counseling students per year facilitate small-group discussions with 100-200 local at-risk

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Newly Approved CE Providers

BehavioralHealthCE.com; # 6491; Calabasas, CA; www.behavioralhealthce.com

Career Development Specialists Network; #6496; East Brunswick, NJ

CASAT (Center for the Application of Substance Abuse Technologies); #6492; Reno, NV; <http://casat.unr.edu/>

Cognitive-Behavioral Therapy Center of Western North Carolina, P.A.; #6504; Asheville, NC; www.behaviortherapist.com

Columbia International University-College of Counseling; #4556; Columbia, SC; www.ciu.edu/graduate/degrees/ma-cns/

Danya International, Inc.; #6506; Silver Spring, MD; www.danya.com

Dr. Karen McCleskey, LPC; #6489; Decatur, GA; www.karenmccleskey.com

Educational Success Concepts, LLC; #6485; Murray, KY; <http://educationalsuccessconcepts.com/>

Evelyn M. Duesbury, NCC, DCC, LPC; #6511; Platteville, WI; www.yourguidingdreams.com

Family Solutions, PLLC; #6498; Greensboro, NC; www.famsolutions.org

Harding University - Counseling Program; #4557; Searcy, AR; www.harding.edu/gradcounseling/index.html

HealthLinkRx Institute; #6499; Dallas; www.healthlinkrxllc.com

Hospice of Rutherford County; #6510; Forest City, NC; www.hospiceofrutherford.org

Huntington University - Graduate Counseling Program; #4561; Huntington, IN; www.huntington.edu/graduate/counseling

InnerWell Integrative Counseling Services; #6493; Brattleboro, VT; www.innerwell.org

Inova Comprehensive Addiction Treatment Services (CATS); #6501; Falls Church, VA; www.inova.org/cats

Integrative Psychotherapy Institute (IPI); #6508; Fairfax, VA; www.ipivirginia.org/

Minnesota State University – Mankato; #4558; Mankato, MN; <http://ed.mnsu.edu/csp/>

Mountain Lakes Behavioral Healthcare; #6497; Guntersville, AL; www.mlbhc.com/

National Association of School Psychologists (NASP); #5603; Bethesda, MD; www.nasponline.org

National Crime Victims Research & Treatment Center; #6512; Charleston, SC; www.musc.edu/ncvc

New York Institute for Cognitive and Behavioral Therapies (NYICST); #6281; Brooklyn, NY; www.nyicbt.org

Onsite; #5567; Cumberland Furnace, TN; www.onsiteworkshops.com

Potomac Art Therapy Association (PATA); #6500; Washington; www.potomacarttherapy.org

Stronghold Counseling Services, Inc.; #6490; Sioux Falls, SD; www.strongholdcounseling.com/

The Anxiety & Stress Management Institute; #6502; Marietta, GA; www.stressmgt.net/

The Life Space Crisis Intervention Institute; #6495; Allentown, PA; www.lsci.org

University of Alaska – Anchorage, Dept. of Counseling & Special Ed; #4559; Anchorage, AK; www.uaa.alaska.edu/coe/programs/counseling/index.cfm

Upper Bay Counseling & Support Services, Inc.; #6507; Elkton, MD; www.upperbay.org

Waynesburg University-Graduate Programs in Counseling; #4560; Canonsburg, PA; www.waynesburg.edu

2011 NBCC State Licensure Boards Meeting



Greensboro, North Carolina

In August 2011, NBCC will host its annual state licensure boards meeting in Greensboro, North Carolina, and we currently expect 73 representatives from 39 states. There are many reasons why NBCC hosts state representatives, but the two most important ones are to develop and maintain close working relationships with each state and to better serve our NCCs. Keeping close

contact helps us understand and stay abreast of new challenges (and successes) at the licensure level. This meeting also allows state representatives to come together, network and share their experiences and knowledge with each other and with us. We purposely build in networking time for representatives to discuss and gain ideas for the challenges they may face in their state. As a counseling organization, we believe in the power of discussion and interaction.

While the primary focus of the meeting is state licensure examinations and emerging issues in the counseling profession, it is also a great time for NBCC to update state boards about our lobbying efforts on behalf of counselors. Additionally, we often invite guest speakers to address the current hot topics in the profession. This year's meeting will feature presentations on accreditation, addictions and ethics.

We look forward to welcoming the state representatives to North Carolina, and to gaining and sharing valuable knowledge that will benefit all the NCCs we serve.

NBCC on the Move

NBCC is committed to advancing professional standards and annually attends, exhibits and/or presents at national and international counseling conferences. An additional bonus to attending these conferences is the opportunity to meet and share with our certificants, and other credentialing organizations and associations.

Please visit with us at an upcoming event:

American Mental Health Counselors Association (AMHCA) Annual Conference 2011

San Francisco

July 14–16, 2011

Conference Web site: www.amhca.org/member/annual_conference.aspx

Association for Counselor Education and Supervision (ACES) Convention 2011

Nashville, TN

October 26–30, 2011

Conference Web site: <http://acesonline.net/features.asp?feature-id=805608597>

Voluntary Audits

The NCCs listed below have completed and documented a minimum of 130 hours of continuing education activities in the five-year certification cycle. By doing so, they have demonstrated a dedication to excellence and professionalism. NBCC congratulates these outstanding NCCs.

Regina L. Atkison
Forest, MS

Shelly Caldwell-Bennett
Laurel, MD

Debbie A. Leonhardt
Hiddenite, NC

Robert M. Lima
Chicopee, MA

2010 Professional Identity Awards Announced

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middle school students, becoming comfortable with prevention, strengths-focused work and collaboration with community stakeholders.” The other programs reported goals revolving around increased scholarship to provide international study, strengthening community ties, amplifying advocacy efforts, supporting student and faculty research efforts, and mentoring new faculty members.

NBCC is proud of these programs and congratulates them on promoting professionalism within the counseling profession. We plan to continue offering this award to bolster counselor education programs. The 2011 call for nominations will go out in the fall. Please contact nbcc@nbcc.org for more information.

First Annual National Counseling Conference in Bhutan

The first annual National Counseling Conference in Bhutan, organized by NBCC International (NBCC-I), took place in Thimphu February 7-8, 2011, in collaboration with RENEW (Respect, Educate, Nurture and Empower Women), a women's counseling agency; the Ministry of Education; the Ministry of Health; and the Royal University of Bhutan.



Bhutan, a small country in Asia, is on its way to developing nationwide counseling services for a variety of issues.

On the first day of the conference, the globalization of counseling and counselor education was emphasized, and the day ended with a panel discussion concerning counseling initiatives in Bhutan. On day two, three tracks, including mental health counseling, school counseling and youth counseling, were offered in workshop formats. Topics included assessing and addressing family violence, counseling students with special needs and career development for teens. All topics for the conference were selected by Bhutan's counselors to meet locally specified training needs.

The second day of the conference ended with the initial meeting of Bhutan's counselors for the purpose of developing an organization to promote counseling in Bhutan. Representatives from several agencies attended and NBCC-I moderated the meeting.

During the conference, NBCC Bhutan was officially opened as a national office of NBCC-I by Her Majesty Queen Ashi Sangay Choden Wangchuck. Upon request, NBCC-I collaborates with colleagues in other countries to open a national office. The office serves as a local presence to facilitate the development of the counseling profession in that country or region and is staffed by local professionals knowledgeable in the development of counseling within that country. NBCC Bhutan will be advancing initiatives concerning counselor education and training, as well as Bhutan's Mental Health Facilitator program.

"The conference was a tremendous success, with literally every counselor in Bhutan in attendance," reports NBCC-I's Dr. Wendi Schweiger, a member of the conference committee. She adds, "Bhutan, a small country in Asia, is well on its way to developing nationwide counseling services for a variety of issues and concerns, including specialized services for women, children and young adults."

Mental Health Facilitator (MHF) Update

The Mental Health Facilitator (MHF) program continues to expand mental health service capacity in areas with underserved populations. As part of this growth, additional master trainers have been trained in the recent months. The following is a list of the most recent trainings and our newest registered master trainers.

- A master training was held in Thimphu, Bhutan, in February 2011, in partnership with Respect, Educate, Nurture and Empower Women (RENEW). This is the second master training offered abroad. NBCC-I is pleased to welcome the 10 participants who were trained and registered as master trainers: Ms. Bokhu, Ms. Kesang Dhendup Choden, Ms. Tshering Dolkar, Ms. Dolma, Ms. Ambika Neopaney, Ms. Yeshey Om, Ms. Sonam Pelden, Ms. Tashi Pelzom, Dr. Meenakshi Rai and Ms. Dechen Wangmo. Dr. Scott Hinkle trained these new master trainers.
- A fourth master training was held at NBCC headquarters in April 2011. NBCC-I is pleased to welcome the nine participants who were trained and registered as master trainers: Dr. Dibya Choudhuri, Dr. Jean-Claude Dutès, Ms. Beth Fier, Mr. Kevin Gallagher, Dr. Troyann Gentile, Ms. Pamela Harrod, Dr. Clement Marcantonio, Dr. Laura Schmuldt and Dr. Joseph Wehrman. Dr. Scott Hinkle and Dr. Donna Henderson conducted the training.

A fifth master training will be conducted at NBCC headquarters in July. All available slots for this training have been filled.

We look forward to additional partnerships and training opportunities during the coming years.

The Counselling Association of Nigeria (CASSON) announces the 2011 International Counselling Conference
Professionalism Challenges in Contemporary Counselling Practice In Africa

■ ■ **September 6-7, 2011**

■ ■ **Kano City, Nigeria**

For more information, refer to CASSON'S Web site at www.cassonnigeria.org.

International Counseling Encounter, Cuba 2011



The International Counseling Encounter, Cuba 2011, was celebrated in Havana April 26-27, 2011. In attendance were counselors, psychologists and related mental health professionals, educators and students. Representatives from Argentina, Mexico, the United States and Venezuela also participated in the encounter. The first of its kind, the Cuban Psychology Society organized the event and it was sponsored by

the Cuban Society for Health Psychology and the Educational and Professional Counseling Department of the Teachers Association of Cuba.

The purpose of the International Counseling Encounter was to promote a discussion about counseling and assess its progress in Cuba and in other countries in the Americas. The event was the first of its kind to organize professionals interested in counseling in Cuba. The enthusiastic audience had the opportunity to learn from different presenters on topics such as counseling and community action; professional, vocational and educational counseling; quality in the practice of counseling; counseling and its application in clinical and health work; and teaching and training counselors. Board members and staff from NBCC and NBCC International were invited to participate in panel discussions on the current profile of the counseling profession in the United States, the importance of counselor certification, and the value of supervision in the quality of counseling practice and counseling training in the United States.

Counseling— or “*orientación psicológica*” as it’s known in Cuba—is a new mental health concept in this country of approximately 11.5 million people. One of the professionals in charge of organizing the encounter, Omar García Miranda, stated that “the encounter helped as a balance to appraise the theoretic-methodological development and praxis of the counseling. It stated the challenges for the improvement of the discipline in our country.” NBCC International looks forward to continuing to learn about counseling as it develops in this country.



The Federación de Asociaciones Venezolana de Orientadores (FAVO) announces the

VII Counseling Congress of the Americas and VIII Venezuelan Interdisciplinary Counseling Congress

Themed Versatility in Counseling:
Well-being, Inclusion, Equity and Social Justice

November 30 –December 3, 2011
Maracaibo, Venezuela

For more information, see the conference brochure on www.nbccinternational.org, or e-mail FAVO at favocongresodelasamericas2011@hotmail.com.

The Center for Credentialing & Education (CCE) offers several credentials that can help counselors carve out new niche practices. Recently, we have seen tremendous growth in professional coaching, career development, human services and distance counseling.

The new **Board Certified Coach (BCC)**



credential is ideal for NCCs who have completed 30 hours of coaching education and wish to establish their identity as a professional coach. Visit www.cce-global.org/BCC for more information on how you can become a BCC during the inaugural period as part of our norming population. After the inaugural period ends December 31, 2011, applicants will be required to meet additional educational requirements and pass the BCC examination. Please visit our Web site for complete details.



In response to the high level of unemployment—

both in the United States and internationally—there has been a sharp rise in the number of counselors obtaining the **Global Career Development Facilitator (GCDF)** credential to aid their clients in finding new jobs. The total number of GCDFs is nearly 20,000, and that number continues to climb. This career credential is a global credential, with certification offered in more than 15 countries, including the U.S.

CCE has the credentials that can help you stand out in your particular market—whether you work in counseling, the correctional system, human services, career development, supervision, distance counseling, or in another helping profession. Visit www.cce-global.org/prof/credentials to learn more about the credentials that could benefit you.

Medicare

On March 17, 2011, Sen. Ron Wyden (D-OR) introduced S. 604, the Seniors Mental Health Access Improvement Act of 2011. S. 604 is identical to past Medicare bills and adds licensed professional counselors (LPCs) and marriage and family therapists (MFTs) to the list of recognized Medicare mental health providers.

S. 604 has six original cosponsors, including Sens. Barrasso (R-WY), Begich (D-AK), Brown (D-OH), Durbin (D-IL), Inouye (D-HI) and Johnson (D-SD). Sens. Boxer (D-CA) and Conrad (D-ND) signed on as cosponsors after introduction. The bill must pass the Senate Finance Committee, where Sens. Wyden and Conrad serve as members.

The coalition of counseling and MFT organizations is seeking to add cosponsors to S. 604, as well as identify a House champion. Several representatives have expressed an interest in a House bill and a sponsor is expected to be named soon.

The prospects for passage of the Medicare bill are unclear. The very tight budget environment creates a higher threshold for passing any legislation with an associated cost. While the cost of our provision is modest compared to the overall budget, every issue will be given increased scrutiny. The most likely vehicle for inclusion is legislation to halt increases in the physician payment scale that will be on the congressional agenda later in the year.

TRICARE/Defense

On January 6, 2011, Rep. Tom Rooney (R-FL) and Rep. Larry Kissell (D-NC) introduced H.R. 208 to modify statutory language to grant counselors

independent practice rights under TRICARE. This bill is a reintroduction of H.R. 3839, the CARES Act, from the 111th Congress.

H.R. 208 was introduced as a backup to a provision passed this January in H.R. 6523, the National Defense Authorization Act (NDAA). The NDAA language required the adoption of regulations allowing for independent practice by counselors, but it did not change existing statute. The NDAA language will likely be sufficient to address the limitations on counselors, but H.R. 208 provides an option for continued advocacy if the regulations are not adequate.

NBCC also represented the counseling profession in a White House meeting on “Enhancing the Well-Being and Psychological Health of the Military Family” in March 2011. The meeting included senior staff from the first lady’s and vice president’s office, as well as leaders from the mental health and medical fields. The meeting was



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followed by a White House press event on April 12 that included President Obama and Vice President Biden, and launched the Joining Forces initiative. The first lady, Michele Obama, and the vice president’s wife, Dr. Jill Biden, created the initiative to mobilize all sectors of society to support and honor servicemembers, veterans and their families. NBCC is a partner in the initiative and will be participating in future events.

On April 29, NBCC also participated in a conference call for the Marriage and Family Counseling Collaborative (MFCC). The collaborative is made up of behavioral health associations,

military services, federal agencies and universities, and seeks to serve as a venue for clinical providers who wish to collaborate and share resources relating to the psychological health and well-being of military and veteran families.

Veterans



NBCC and the American Counseling Association (ACA) met with senior mental health staff from the Department

of Veterans Affairs (VA) on May 2 to discuss the implementation of the new qualification standards and employment of counselors. Monitoring of jobs has demonstrated that counselors are only slowly being hired into the VA system, and the objective was to identify deficiencies and streamline the process.

The VA staff was unaware of the slow pace of implementation and was attentive to our concerns about specific problems. They agreed to increase education of VA mental health staff about hiring policies and to ensure counselors were being appropriately considered for positions. The VA also offered to facilitate information sharing between the organizations and administration mental health staff. NBCC will continue to monitor the process and work with the VA to address concerns and opportunities. NCCs who are interested in job opportunities with the VA are encouraged to reach out to local facilities and educate staff about the counseling profession and the new qualification standards. NCCs who apply for jobs should report any problems, or successes, to NBCC.

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School Counseling

The NBCC effort to obtain federal funding for the National Certified School Counselor (NCSC) took a dramatic turn this year during the congressional budget battles. While we were making progress in getting appropriators to support allowing NCSCs to compete for funding currently available to only school counselors certified by the National Board for Professional Teaching Standards (NBPTS), the entire program was eliminated as an earmark in the FY2011 fiscal year Continuing Resolution. The defunding is through the end of September 2011, the current fiscal year, but it is unlikely to be added back in future appropriations. NBCC continues to meet with congressional offices to ensure that the NCSC is considered for any renewed or modified funding.

NBCC also joined a coalition of school mental health professional groups to lobby in support of funding for the Elementary and Secondary School Counseling Program (ESSCP). The coalition—comprised of the American Counseling Association, American School Counselors Association, National Association of School Psychologists, School Social Work Association of America, and the National Association for College Admissions Counseling—has increased funding for the ESSCP over several years, but is merely seeking to retain funding in the current austere fiscal environment. After several meetings, the group was successful in obtaining only a modest decrease from \$55 million to \$53 million in the FY 2011 Continuing Resolution. The coalition is now focused on maintaining the funding in FY 2012. In May, Rep. Jim Langevin (D-RI) disseminated a Dear Colleague letter to all Representatives seeking support

for the program. Senators Al Franken (D-MN) and Carl Levin (D-MI) submitted a similar Senate letter.

States



California—NBCC assisted the California Association for Licensed Professional Clinical Counselors (CALPCC)—formerly the California Coalition for Counselor Licensure (CCCL)—with two advocacy issues. Staff provided CALPCC with a list of state statutes referencing other mental health professions but not the counseling profession. That list served as the basis for legislation (SB 146) to add counselors to these code sections. CALPCC found a strong sponsor for the bill (Sen. Wyland) and has been successful in getting it through the Senate.

Additionally, NBCC wrote a letter for the CALPCC in opposition to a bill that requires licensed professional clinical counselors (LPCCs) to obtain additional training in marriage and family therapy before they can supervise a marriage and family therapist (MFT) intern. There are no such requirements for other disciplines, and CALPCC and NBCC oppose the discriminatory treatment.



Idaho—The Idaho Counseling Association contacted NBCC in response to a testing issue in the state. The issue related to new regulations developed by the Idaho Medicaid agency for psychological testing. The regulations expanded the Medicaid testing benefit, which spurred the agency to consider a revision to the qualifications for master's mental health professionals who perform testing. NBCC contacted Medicaid staff to explore the issue and encourage competency-based

requirements that recognize all qualified practitioners. The agency was responsive to the comments and is soliciting formal feedback from the professional associations as to the appropriate credentials. The Fair Access Coalition on Testing submitted a letter to the Medicaid agency urging competency-based qualifications for test users in Idaho.



Louisiana—The Louisiana Counseling Association is continuing a protracted effort to ensure that counselors can diagnose in the state. The issue started as legislation to clarify counselors' diagnostic rights, but became adversarial when the psychologists aggressively opposed the bill (SB 213). The bill's sponsor, Sen. Mount, soon became frustrated with the fighting between the counselors and psychologists and passed a resolution (SCR 100) forcing the two professions to work together in a task force to establish criteria for counselor diagnosis. The task force was doomed to fail because the psychology profession was granted equal authority to determine counselors practice rights and so no consensus was reached. Sen. Mount had threatened to introduce a bill to merge the two profession's licensing boards if they did not reach a compromise and followed through on this threat with the introduction of SB 226. The counseling, MFT and psychology professions all have come out in opposition to the bill. In response to the resistance, Sen. Mount substituted the bill with SB 268, which gives counselors diagnostic authority but with some limitations on the treatment of serious mental illness. NBCC submitted a letter expressing support for the clarification in the scope of practice to allow diagnosis but expressing concerns with the limitations.

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Approvals

NBCC #6261 NAADAC #599
CBBS: PCE4556 CAADAC: os-09-109-0311
Florida Boards of Nursing and Counseling #8363
Texas State Board of Social Work Examiners #5009

Note: Most states accept NBCC approved CEUs for licensure renewal.

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Saturday, April 9, 2011 | 9 am–4:30 pm | IFS6 | 6 CE Credits | \$155
Richard C. Schwartz, PhD, instructor

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Traumatized Persons from Culturally Diverse Backgrounds**

Saturday, May 7, 2011 | 9 am–4:30 pm | CTP6 | 6 CE Credits | \$145
Richard F. Mollica, MD, instructor

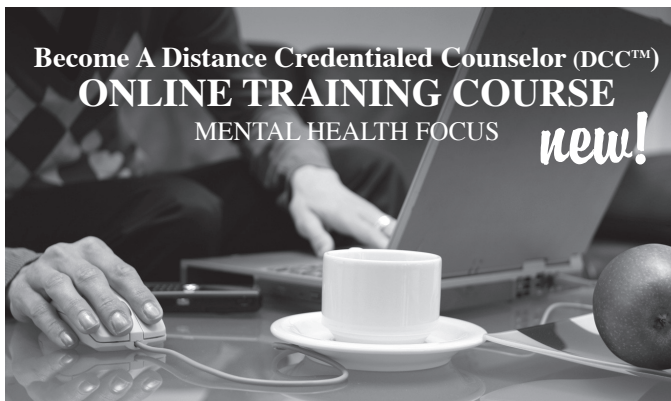
Hope & Healing: Clinical & Spiritual Encounters with Older Adults

Saturday, May 14, 2011 | 9 am–4:30 pm | A697 | 6 CE Credits | \$130 *includes lunch*
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Jane Marie Thibault, PhD, Robert Waldinger, MD, Robert Weber, PhD, presenters*

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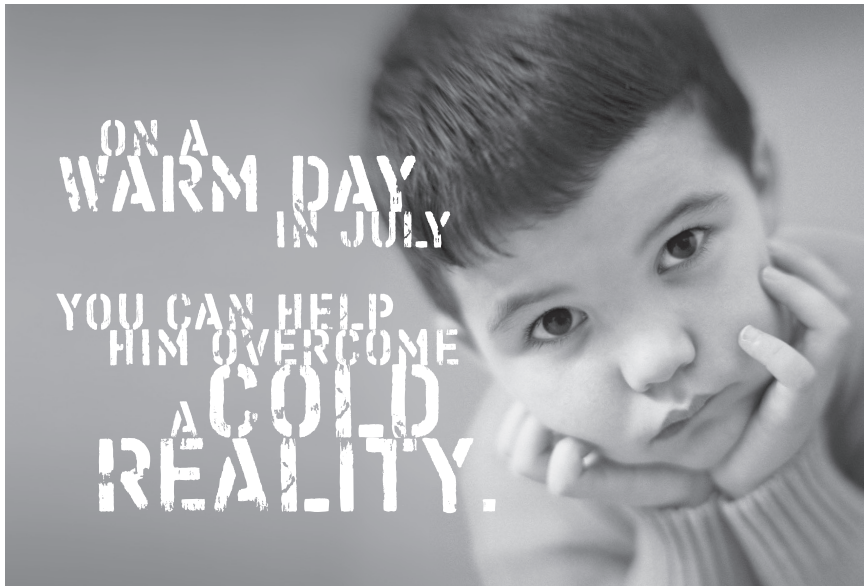
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Second Round of NBCCF Scholarships Awarded



Dr. Wayne Lanning, Chair of the NBCC Foundation Board, is pleased to announce the recipients of the Foundation's 2010 military and rural scholarships. The goal of the scholarships is to increase the number of counselors in the areas where they are needed most. Dedicated counseling students throughout the country applied for the five \$3,000 military and five \$3,000 rural scholarships. The Board of Trustees was so impressed with the high caliber of the applicants, it granted an additional rural scholarship.

Military Scholarship Recipients

These recipients are active military, reserves or veterans who are committed to providing counseling services to fellow servicemembers and their families. They will draw on their own military experience to help clients address the many challenges of military life, including deployment, readjustment and transition to civilian life.

- **D. Allen Donahue** (University of Texas at San Antonio; master's in counseling)
- **Jonathan J. Harold** (West Chester University; master's in higher education counseling)
- **Shirley LaForce-Gillians** (Mercer University; master's in clinical mental health counseling)
- **David A. Weisenhorn** (Appalachian State University; master's in clinical mental health counseling)
- **Lynsey R. Yoder** (University of Colorado at Colorado Springs; master's in school counseling)

Rural Scholarship Recipients

These recipients are committed to providing counseling services to children, adults and people with disabilities, despite difficult geographic and economic factors. They plan to serve in their own rural hometown or other underserved areas.

- **Danielle J. Dorfer** (State University of New York at Plattsburgh; master's in mental health counseling)
- **Kristen L. Keim** (Pennsylvania State University; master's in elementary school counseling)
- **Kay H. Lechner** (Valparaiso University; master's in clinical mental health counseling)
- **Marchele C. McCarthy** (University of Northern Colorado; master's in clinical counseling)
- **Maria Y. Renteria** (Northern Arizona University; master's in community counseling)
- **Amy M. Stewart** (Pennsylvania State University; master's in elementary school counseling)

The mission of the NBCC Foundation is to promote mental health through the advancement of professional counseling and credentialing.

To learn more about the Foundation or to show your support by making a donation, please visit the Foundation's Web site at www.nbccf.org or send your contribution to

NBCC Foundation
Terrace Way
Greensboro, NC 27403

Thank you for your support.

The NBCC Foundation is pleased to continue offering scholarships to increase access to mental health care. Information regarding the 2011 scholarship program will be available on the Foundation's Web site (www.nbccf.org) in August 2011.

2010 NBCCF SCHOLARSHIP RECIPIENT CLOSE-UPS

Editor's Note: This is the first of a three-part series profiling the recipients of the 2010 NBCCF scholarships.



Mr. Donahue

Allen Donahue is both a student and a graduate of the University of Texas at San Antonio where he is pursuing a master's in counseling. A fourth generation military servicemember who served actively for nearly nine years, Mr. Donahue is currently working as a protocol coordinator with STRONG STAR, a research program based in Texas that is working

to identify treatments for post-traumatic stress disorder (PTSD). He plans to continue serving his fellow servicemembers as a counselor upon graduation, bringing with him his military experience and expertise.

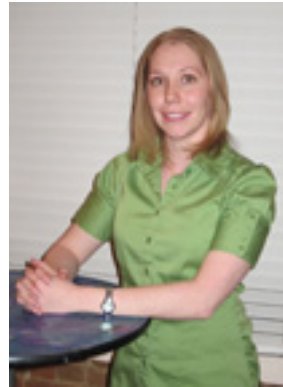
What led you to pursue a career in counseling?

I was originally an architecture major when first in college. I had always dreamed of a life filled with designing beautiful structures then seeing my vision come to life before me. However, while taking a couple-year break from school and prior to joining the [Army], I worked as a counselor at a residential youth treatment facility. Each counselor had a team of approximately 10-15 clients for whom we were a confidant, mentor, disciplinarian and "big brother." Most of these kids were extremely guarded and . . . gaining their trust . . . seemed nearly impossible. But, for those that you were able to reach and actually make a lasting and meaningful difference in their life, there was and is no feeling like it.

When I joined the military, I continued to have that feeling of service to others and my community. I was again a mentor and confidant, and I reveled in the knowledge that I made a positive impact on my junior soldiers. I decided that my calling is to apply that same love of service to others to helping servicemembers and military families in overcoming the obstacles in their lives.

What are your short- and long-term goals for the continued growth of counseling as a global profession?

In particular to counseling military families, I am committed to the fight to push all federal agencies to acknowledge and accept counselors as licensed mental health providers. It is my understanding that only recently our profession won a huge battle in this arena and the Department of Veterans Affairs will be hiring counselors into their ranks. But, I will not be satisfied until we are validated throughout the federal government.



Ms. Yoder

Lynsey Yoder is a graduate of the University of Central Florida and is enrolled in the master's of school counseling program at the University of Colorado at Colorado Springs. Having experience within both Florida's and Colorado's Army National Guard, Ms. Yoder plans to serve active, reserve and retired military personnel in the school setting and also through her own practice. She hopes to work as a counselor in a school with a

large military demographic where she can use her skills to help families of deployed servicemembers. In addition, she plans to further aid soldiers and their families within her own practice by offering services focused on coping mechanisms for deployments and the process of reintegration.

What are your long-term goals as a professional counselor? For the community/population you've committed to serve?

My long-term goal is to become a licensed counselor working with soldiers and their families through the transition process. Transition can look like leaving due to a deployment/training, coming back from a deployment/training, assignment relocation, and everything in between. I'm hoping to collect data that will provide insight as to what resources can better support families going through these transitional periods of time.

Is there one experience that you've had as a volunteer/counselor/counselor-in-training that stands out from the rest?

There have been so many amazing experiences that have humbled and challenged me, as a counselor-in-training, to grow. I have been awestruck by the professionalism, genuineness and dedication of the counselors I have interned under. I have observed the delicate yet intentional atmosphere needed when creating a safe place that empowers students/clients and encourages self-advocacy skills.

What impact has the NBCCF scholarship had on your life?

The NBCCF scholarship has had a powerful impact on my life. Learning that I had been selected to receive the scholarship is a moment I will never forget. It was a truly humbling experience. Professionally, I feel the scholarship brings with it a sense of responsibility and accountability. As a recipient of the NBCCF military scholarship, I have a strong desire to work with our military population—not just our soldiers, but their families as well.

Continued on page 14

2010 NBCCF SCHOLARSHIP RECIPIENT CLOSE-UPS

Continued from page 13



Ms. McCarthy

Marchele McCarthy is a graduate of Regis University and is enrolled in the University of Northern Colorado's master's in clinical counseling program. Ms. McCarthy is committed to bringing much-needed mental health services to her community in rural Colorado, the residents of which face geographic and economic obstacles in seeking many types of care. She demonstrates this commitment by

driving 170 miles—and over two mountain passes—to attend her counseling program. Ms. McCarthy is also gaining valuable experience by serving at several local agencies.

What are your short- and long-term goals for the community/population you've committed to serve?

My goal is that every person that needs mental health counseling has access to it. A shortage of state and local funding for mental health in our county has made it difficult for people to access and maintain the care they need. I would like to see people not only be able to get the services they need, but to ensure that they are receiving the quality of services they deserve. . . . It is my goal to remain in the community and provide quality mental health services to those that are underserved.

Is there one experience that you've had as a volunteer/counselor/counselor-in-training that stands out from the rest?

One of the most significant professional experiences I have had was when I served as a counselor on a three-day Outward Bound course for women who were survivors of violence in the fall of 2006. During these three days I watched the women transform as they found strength and confidence in themselves that they did not know existed. Through activities such as ropes courses, rock climbing, and a solo camping experience, these women learned to trust themselves and others. The personal growth that each woman was able to accomplish in such a short period of time was inspiring. As a counselor on this extraordinary weekend, I felt privileged to be able to witness such courage, healing, and growth. This experience confirmed for me that becoming a counselor was indeed the path I am called to follow.



Ms. Renteria

Maria Renteria is both a student and a graduate of Northern Arizona University where she is pursuing a master's in community counseling. Growing up in rural Arizona and making frequent trips to Mexico, Ms. Renteria saw early in life the need for more mental health services in her hometown and across the border. She believes she is the result of a strong support system and the right tools, and she hopes to be an asset for others in

need. Ms. Renteria currently works for the United Way of Yuma County where she is learning about all of the different services available in her area, and plans to add herself to that pool of resources as a counselor.

What are your short- and long-term goals as a professional counselor? For the community/population you've committed to serve?

What I do want for my community is access to more resources, counselors who are well-trained in their profession and who are committed to keep serving those who need it even when change seems miniscule. I was at a training and the presenter said something that resonated with me. He said, "If you see anything you don't like, start small. If you are the best at what you do and don't give up, even if the task seems impossible, you will inspire those around you."

I know I can't change the world, but my main goal is that through my actions I can help by inspiring those around me.

Is there one experience that you've had as a volunteer/counselor/counselor-in-training that stands out from the rest?

In one particular experience, I shadowed a coworker while doing an in-home visit to a mother who had been referred for services due to her parenting skills. I could see in her eyes the love she had for her children. In that moment, it hit me. The first thing I should see from a client is not all their failures and weaknesses, but their strengths. If the strengths are nurtured, it will trickle down on their actions. It is much easier to work with strengths.

What impact has the NBCCF scholarship had on your life?

This honor definitely gave me a big boost of self-esteem professionally. It's the reflection of what I can accomplish.

NBCC would like to thank the following individuals for generously supporting the NBCC Foundation through honorary donations.

NBCC Foundation: Honorary Donors

January 12 – May 16, 2011

Donor

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In Honor of:

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Dr. Lenore Harmon
All the hard working counselors who continue to inspire others

NBCC would like to thank the following individuals for generously supporting the NBCC Foundation through memorial donations.

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Louis and Audrey Green
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An additional 324 have given generous donations in this time period.

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DISCIPLINARY ACTIONS

The following matters represent final outcomes by the NBCC ethics officer, ethics hearing committee or board ethics appeals committee in accordance with the NBCC *Code of Ethics* and *Ethics Case Procedures*.

Johnson, Eric, #27288, Washington, revocation of certification for violation of the NBCC *Code of Ethics* Section A.10, sexual and romantic intimacy with a counseling client.

LaBorde, Lucie, #36730, Arizona, voluntary certification revocation by agreement, following Arizona State Board of Behavioral Health Examiners revocation of certificant's state license based upon certificant's violation of state regulations governing the conduct of licensed professional counselors.

Patrick, David W., #90591, Ohio, voluntary certification revocation by agreement resulting from Pennsylvania Board of Social Workers, Marriage and Family Therapists, and Professional Counselors investigation of allegations concerning immoral and/or unprofessional conduct, and for failure to disclose a state board complaint matter pursuant to NBCC *Code of Ethics* A.16 and NBCC *Ethics Case Procedures* A.7.

Stillwagon-Ahlers, Dawn, #41555, New Jersey, public reprimand, certification suspension for two (2) years, five (5) years of monthly supervision and corrective requirements for unprofessional and inappropriate conduct, failure to maintain accurate client records and failure to disclose a state board complaint matter in violation of the NBCC *Code of Ethics* Sections A.8, A.9, A.13, A.16, B.4, B.5, and B.9; *Ethics Case Procedures* Section A.7 and NBCC certification agreements.

BCC Inaugural Period Ends Soon

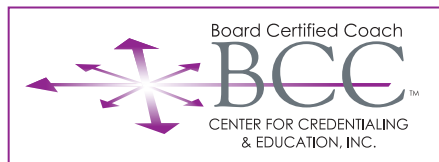
The Center for Credentialing & Education (CCE), an NBCC affiliate, recently introduced a new Board Certified Coach (BCC) credential.

As the coaching field continues to expand and many counselors add coaching to their professional practice, the need for the BCC credential increases. The BCC demonstrates to the general public that a coach has met educational, training and coaching experience requirements, and is committed to professional accountability. The credential also offers verification that the individual understands and respects the similarities and differences between the profession of counseling and the field of coaching. Just as the NCC sets an individual apart in the counseling profession, the BCC does the same in the coaching field.

Over the last three years, CCE has conducted an exhaustive study of the coaching industry, including a detailed gap analysis between coaching and counseling practices. The BCC credential and the accompanying examination were created as the result of this extensive study and the collaboration of a panel of coaching and counseling subject matter experts.

Eligibility for NCCs
NCCs who have

met the coach training and experience requirements are eligible to apply for the BCC credential during the inaugural period, which ends December 31, 2011.



Limited-Time Inaugural Application Period

NCCs and eligible coaches who wish to be considered

for the BCC credential under the inaugural requirements can apply prior to December 31, 2011, and become part of the BCC examination norming population. After the inaugural period ends on December 31, 2011, applicants will be required to pass the BCC examination and meet additional educational and experience requirements. Please visit the CCE Web site at www.cce-global.org/BCC for complete details.



The Professional Counselor: Research and Practice

The Professional Counselor: Research and Practice (TPC) is a scholarly, online, open source journal focusing on counselor practice. Its primary purpose is to promote the practice of professional counseling worldwide by publishing original peer-reviewed manuscripts covering a wide range of empirical, theoretical and innovative counseling topics. The National Board for Certified Counselors (NBCC) invites manuscripts covering a wide range of topics. Visit our Web site to read the premier issue and to find information about submitting a manuscript.



<http://tpcjournal.nbcc.org>

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NCC NETWORK

Judith Gerberg, NCC, CCMHC, LMHC, of New York, was interviewed recently for a [Newsweek](#) article on the challenges well-educated, middle-aged men looking for work currently face. She discussed strategies for navigating the job market and why women often can do better in this recovering economy. Ms. Gerberg is past president of the Career Counselors Consortium, creator of the Passion Project workshops and director of Gerberg & Co. (www.gerberg.com), a New York-based career development organization committed to personal and professional transformation. Corporations she has worked with include Citibank, Ann Taylor, NBC, Paul Weiss, Young & Rubicam and Dreyfus.

GOT NEWS?

If you would like to submit an item for NCC Network, refer to the guidelines and deadlines on our Web site: www.nbcc.org/Newsletter/Submissions

Lori Hedderman, NCC, LPC, of Pittsburgh, recently published the book *Preparing Your Children for Goodbye: A Guidebook for Dying Parents*. The book was written for parents who are terminally ill to write down thoughts and advice, as well as other items that they wish to share with their children. This book not only addresses the questions that a child might ask their parent about their past, but also advice that a child would receive from the parent for their future experiences. It combines this with a practical counseling approach for talking to the child about the illness, and sections for the parent and the caregiver to assist them with the process. This book can be ordered through Amazon.com or through Ms. Hedderman's Web site, www.lorihedderman.com.

Shannon Hodges, NCC, ACS, LMHC, of Burlington, Vermont, recently published *The Counseling Practicum and Internship Manual: A Resource for Graduate Counseling Students* with Springer Publishing Company. His mystery novel *City of Shadows*, published by Athena Press, may be the first mystery novel with a counselor as the main character. Mr. Hodges is an associate professor of clinical mental health counseling at Antioch University New England.

Garth Shanklin, NCC, MAC, LPC, LAT, of Casper, Wyoming, was awarded the 2011 College Faculty Member of the Year award for the state of Wyoming. Mr. Shanklin was recently elected vice-chair of the Wyoming Retirement System, and he also received the National Institute for Staff and Organizational Development (NISOD) Excellence Award in May, 2011.



The Asociación Mexicana de Orientación Psicológica y Psicoterapia, A. C. (AMOPP; The Mexican Association of Counseling and Psychotherapy) announces the 3rd AMOPP Encounter *Dilemmas in the Counseling Profession: The Art of a Good Practice*.

October 13-14, 2011

Leon, Guanajuato, Mexico

For more information, e-mail AMOPP at informes@amopp.org.